

FOWEY PRIMARY SCHOOL: Overview of PE Curriculum Plan

	Autumn Term	Autumn Term	Spring Term	Spring Term	Summer Term	Summer Term
Foundation	<i>LEAP INTO LIFE PROGRAMME</i>					
	PLUS ACTIVITIES LEADING TO GAMES- See Cornwall Schemes					
Year 1	<i>LEAP INTO LIFE PROGRAMME</i>					
	<i>GAMES - See Cornwall Schemes</i>	<i>GAMES</i>	<i>GAMES</i>	<i>GAMES</i>	<i>GAMES</i>	<i>GAMES</i>
Year 2	<i>LEAP INTO LIFE PROGRAMME</i>					
	<i>GAMES - See Cornwall Schemes</i>	<i>GAMES</i>	<i>GAMES</i>	<i>GAMES</i>	<i>GAMES</i>	<i>GAMES</i>
Year 3	<i>NET GAMES Volleyball</i>	<i>INVASION GAMES Hockey</i>	<i>STRIKING FIELD GAMES Rounders</i>	<i>INVASION GAMES Basketball</i>	<i>STRIKING & FIELDING Cricket</i>	<i>NET GAMES Short Tennis</i>
	<i>DANCE Characters</i>	<i>GYMNASTICS Flight -Exploring the 5 basic jumps, inc. weight transfer</i>	<i>GYMNASTICS Linking movement and travel with change of direction</i>	<i>OUTDOOR ED. Orienteering</i>	<i>ATHLETICS Throwing & running</i>	<i>INVASION GAMES Hockey</i>
Year 4	<i>INVASION GAMES Football</i>	<i>NET GAMES Short Tennis</i>	<i>SWIMMING</i>	<i>SWIMMING</i>	<i>STRIKING & FIELDING Cricket</i>	<i>STRIKING & FIELDING Rounders</i>
	<i>GYMNASTICS Flight -Exploring the 5 basic jumps, inc. weight transfer</i>	<i>GYMNASTICS Bending, curling, stretching including balances</i>	<i>DANCE Topic based</i>	<i>GYMNASTICS Flight/Symmetry/ Asymmetry</i>	<i>ATHLETICS Running & jumping</i>	<i>OUTDOOR ED. Orienteering</i>
Year 5	<i>NET GAMES Table Tennis</i>	<i>INVASION GAMES Basketball</i>	<i>INVASION GAMES Tag Rugby</i>	<i>STRIKING & FIELDING Cricket</i>	<i>OUTDOOR EDUCATION Orienteering</i>	<i>STRIKING & FIELDING Rounders</i>
	<i>GYMNASTICS Counterbalances/ Counter tension</i>	<i>DANCE Communication</i>	<i>GYMNASTICS Transfer of weight with a change of speed/sym</i>	<i>DANCE Topic based</i>	<i>ATHLETICS Running and jumping disciplines</i>	<i>INVASION GAMES Football</i>
Year 6	<i>NET GAMES Tennis</i>	<i>INVASION GAMES Netball</i>	<i>SWIMMING</i>	<i>SWIMMING</i>	<i>STRIKING & FIELDING Rounders</i>	<i>OUTDOOR EDUCATION Orienteering</i>
	<i>GYMNASTICS Lifting, lowering, meeting & parting</i>	<i>DANCE Link Unit</i>	<i>INVASION GAMES Hockey</i>	<i>GYMNASTICS Yr 6 Link unit</i>	<i>ATHLETICS Throwing and running disciplines</i>	<i>DANCE Topic themed</i>