

FOWEY PRIMARY SCHOOL: Overview of PE Curriculum Plan

	Autumn Term	Autumn Term	Spring Term	Spring Term	Summer Term	Summer Term
Foundation	<i>LEAP INTO LIFE PROGRAMME</i>					
	PLUS ACTIVITIES LEADING TO GAMES- See Cornwall Schemes					
Year 1	<i>LEAP INTO LIFE PROGRAMME</i>					
	<i>GAMES - See Cornwall Schemes</i>	<i>GAMES</i>	<i>GAMES</i>	<i>GAMES</i>	<i>GAMES</i>	<i>GAMES</i>
Year 2	<i>LEAP INTO LIFE PROGRAMME</i>					
	<i>GAMES - See Cornwall Schemes</i>	<i>GAMES</i>	<i>GAMES</i>	<i>GAMES</i>	<i>GAMES</i>	<i>GAMES</i>
Year 3	NET GAMES <i>Volleyball</i>	INVASION GAMES <i>Hockey</i>	STRIKING FIELD GAMES <i>Rounders</i>	INVASION GAMES <i>Basketball</i>	STRIKING & FIELDING <i>Cricket</i>	NET GAMES <i>Short Tennis</i>
	DANCE <i>Characters</i>	GYMNASTICS <i>Flight -Exploring the 5 basic jumps, inc. weight transfer</i>	GYMNASTICS <i>Linking movement and travel with change of direction</i>	OUTDOOR ED. <i>Orienteering</i>	ATHLETICS <i>Throwing & running</i>	INVASION GAMES <i>Hockey</i>
Year 4	INVASION GAMES <i>Football</i>	NET GAMES <i>Short Tennis</i>	SWIMMING	SWIMMING	STRIKING & FIELDING <i>Cricket</i>	STRIKING & FIELDING <i>Rounders</i>
	GYMNASTICS <i>Flight -Exploring the 5 basic jumps, inc. weight transfer</i>	GYMNASTICS <i>Bending, curling, stretching including balances</i>	DANCE <i>Topic based</i>	GYMNASTICS <i>Flight/Symmetry/Asymmetry</i>	ATHLETICS <i>Running & jumping</i>	OUTDOOR ED. <i>Orienteering</i>
Year 5	NET GAMES <i>Table Tennis</i>	INVASION GAMES <i>Basketball</i>	INVASION GAMES <i>Tag Rugby</i>	STRIKING & FIELDING <i>Cricket</i>	OUTDOOR EDUCATION <i>Orienteering</i>	STRIKING & FIELDING <i>Rounders</i>
	GYMNASTICS <i>Counterbalances/Counter tension</i>	DANCE <i>Communication</i>	GYMNASTICS <i>Transfer of weight with a change of speed/sym</i>	DANCE <i>Topic based</i>	ATHLETICS <i>Running and jumping disciplines</i>	INVASION GAMES <i>Football</i>
Year 6	NET GAMES <i>Tennis</i>	INVASION GAMES <i>Netball</i>	SWIMMING	SWIMMING	STRIKING & FIELDING <i>Rounders</i>	OUTDOOR EDUCATION <i>Orienteering</i>
	GYMNASTICS <i>Lifting, lowering, meeting & parting</i>	DANCE <i>Link Unit</i>	INVASION GAMES <i>Hockey</i>	GYMNASTICS <i>Yr 6 Link unit</i>	ATHLETICS <i>Throwing and running disciplines</i>	DANCE <i>Topic themed</i>