Children in Y5 (Readymoney) were asked to write a persuasive menu in their recent literacy work. Here's a taster of what they wrote.

Tender, juicy, free range chicken chunks surrounded by home-grown, fresh vegetables, all covered in a crispy (yet crumbly) layer of perfect pastry - a delicious, nutritious pie. Oven baked, creamed potatoes alongside a further helping of healthy, scrumptious mixed vegetables on the side - guaranteed to make your taste buds party! Once you try our pie of the day, you're sure to be a fan for life. Millie

Rich spoonfuls of vanilla ice cream infused with a sweet texture of delectable strawberry flavoured jelly. This finishes off a perfect meal. This isn't just food, it is Dan's food. William







good source of Vitamin E too!

Grab a Grown-Up Lunch 'n' Learn dates

Lantic (Reception) - 17/05/17 Polridmouth (Year 4) - 23/05/17

Cannis (Year 1) - 03/05/17 Readymoney (Year 5) - 27/06/17

Gribben (Year 2) - 17/07/17 Carne (Year 6) - 20/06/17

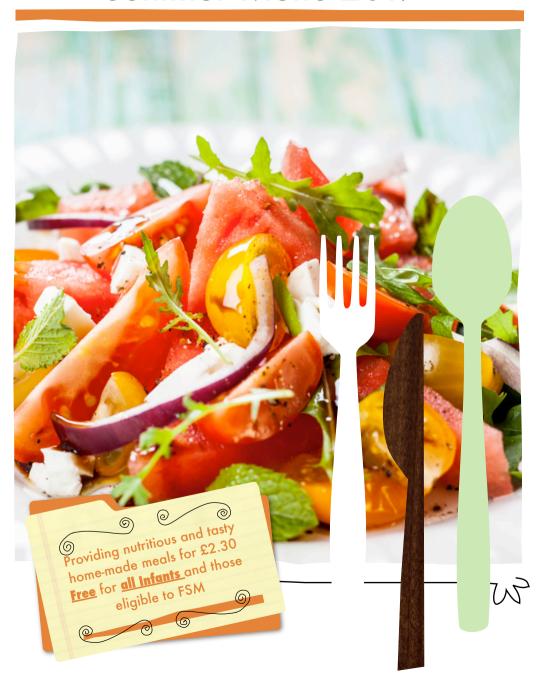
Coombe (Year 3) - 15/06/17

Relatives are welcome to join their child for a lunch and then learning activity.

Meals cost £3.50 for adults. We look forward to welcoming you.

Fowey Primary School

Summer Menu 2017



Lunch Menu Week 1

Lunch Menu Week 2



Meat Free Monday!

- Jacket potato with cheese, baked beans, tuna or Vegetables risotto
- Salad bar and healthy coleslaw
- Fruit jelly and ice cream or Fresh fruit





Tuesday

- Roast pork with apple sauce or Quorn roast
- Roast potatoes, steamed carrots, swede and gravy
- Raspberry muffin or Fresh fruit





Wednesday

- Chicken and vegetable pie or Vegetable lasagne
- Potato wedges and green beans
- Fruit topped cheesecake or Fresh fruit





Thursday

- •Tuna pasta bake or Cauliflower cheese
- Salad bar and garlic bread
- Ginger sponge and custard or Fresh fruit





Friday

- Battered fish or Vegetable burger
- Skin on chips, baked beans, peas and salad bar
- Sticky toffee pudding or Fruit & yoghurt granola or Fresh fruit



Meat Free Monday!

- Jacket potato with cheese, baked beans, tuna or Macaroni cheese
- Salad bar and fruity coleslaw
- Apple and peach crumble with custard or Fresh fruit





Tuesday

- Roast thigh or breast of chicken with stuffing or Nut roast
- Roast potatoes, steamed carrots, broccoli and gravy
- Carrot and orange muffin or Fresh fruit





Wednesday

- Sausages or Vegetarian sausages
- Creamed potato and peas
- Jam sponge or Fresh fruit





Thursday

- Chicken and bacon lasagne or Quorn mince cottage pie
- Salad bar and garlic bread
- Meringue with fruit compote or Fresh fruit





Friday

- Salmon breaded bites or Crispy vegetable fingers
- Skin on chips, baked beans, sweetcorn and salad bar
- Chocolate crispy or Fruit and yoghurt granola or Fresh fruit



Week 2 dates: 24/04, 08/05, 22/05, 12/06, 26/06, 10/07, 24/07



