

SEAL/PSHE & CITIZENSHIP AND SEX & RELATIONSHIPS EDUCATION:
LINKS IN LONG TERM PLANNING

YEAR GROUP	AUTUMN 1 ST	AUTUMN 2 ND	SPRING 1 ST	SPRING 2 ND	SUMMER 1 ST	SUMMER 2 ND
YEAR 1 PSHE/CITIZENSHIP & SEAL	<ul style="list-style-type: none"> • New Beginnings • PoS 1a, b, c, 2a,b,c,d,e,3a,b, 4a,b 	<ul style="list-style-type: none"> • Getting on and Falling out • PoS 1a,c,d,e; 2c,h; 4a,b,c,d • Say No to Bullying • PoS 1a,b,c; 2c; 4a,c,d,e 	<ul style="list-style-type: none"> • Going for Goals • PoS 1c,d,e; 4a • Stranger Danger 3g (1) 	<ul style="list-style-type: none"> • Good to be Me • PoS1c,d,e; 2h; 4b,c; 5g 	<ul style="list-style-type: none"> • Relationships • PoS 1a,b,c,d; 4c,d 	<ul style="list-style-type: none"> • Changes • PoS 1c,d,e;2a,c; 4a,c • SRE 3e • Road Safety 3g (1)
SEX AND RELATIONSHIPS EDUCATION	'Male and Female' Laying the Foundations pg 48	'Feelings' Laying the Foundations pg 55	'Keeping safe' Laying the Foundations pg 58		'Friends' Laying the Foundations pg 65	
YEAR 2 PSHE/SEAL/ CITIZENSHIP	<ul style="list-style-type: none"> • New Beginnings • PoS 1a, b, c, d 2a,b,c,d,e,3a,b, 4a,b • Money 2i 	<ul style="list-style-type: none"> • Getting on and Falling out • PoS 1a,c,d,e; 2c,h; 4a,b,c,d • Say No to Bullying • PoS 1a,b,c; 2c; 4a,c,d,e 	<ul style="list-style-type: none"> • Going for Goals • PoS 1c,d,e; 4a • Stranger Danger 3g (1) 	<ul style="list-style-type: none"> • Good to be Me • PoS 1c,d; 3d 	<ul style="list-style-type: none"> • Relationships • PoS 1a,b,c,d; 4c,d 	<ul style="list-style-type: none"> • Changes • PoS 1c,d,e; 2a,c; 4a,c • SRE 3e • Road
SEX AND RELATIONSHIPS EDUCATION		'Choices and Consequences' Laying the Foundations pg 69	'Growing and Changing' Laying the Foundations pg 50 'Keeping yourself clean and healthy' Laying the Foundations pg 61		'Someone to talk to' Laying the Foundations pg 63 'Families of all kinds' Laying the Foundations pg 67 'Gender stereotypes' Laying the Foundations pg 71	'Similarities and differences' Laying the Foundations pg 53
YEAR 3 PSHE/SEAL/ CITIZENSHIP	<ul style="list-style-type: none"> • New Beginnings • PoS 1b,c, 2b,d,e 4a,c,d 	<ul style="list-style-type: none"> • Getting on and Falling out • PoS 1b,c; 2b,c,d; 4a,c,d • Say No to Bullying • PoS 1b,c; 2c,e;3f, g;4a,d,e 	<ul style="list-style-type: none"> • Going for Goals • PoS 1b; 2f; 3e • Jobs 1e (citizenship unit 4) 	<ul style="list-style-type: none"> • Good to be Me • PoS 1a,b; 2e; 4a,c 	<ul style="list-style-type: none"> • Relationships • PoS 1c, d; 2c; 4a 	<ul style="list-style-type: none"> • Changes • PoS 1b,c; 2e,i (see citizenship unit 5 for 2i which must be covered) • SRE 3c
SEX AND RELATIONSHIPS EDUCATION		'Feelings' Laying the Foundations pg 89 'Friends' Pg 100				'Growing and changing: Puberty' Laying the Foundations pg 83

YEAR 4 PSHE/SEAL/ CITIZENSHIP	<ul style="list-style-type: none"> • New Beginnings • 	<ul style="list-style-type: none"> • Getting on and Falling out. • Say No to Bullying 	<ul style="list-style-type: none"> • Going for Goals • PoS 1b,c; 4a 	<ul style="list-style-type: none"> • Good to be Me 	<ul style="list-style-type: none"> • Relationships 	<ul style="list-style-type: none"> • Changes • PoS 1b,c; 2e; 4a,b,c,f • SRE 3c
SEX AND RELATIONSHIPS EDUCATION				'Feelings' Laying the Foundations	Keeping safe' Laying the Foundations pg 91	
YEAR 5 PSHE/SEAL/ CITIZENSHIP	<ul style="list-style-type: none"> • New Beginnings • PoS 1a,b, 2a,b,c 3a,b,4a • Roles of Groups 2h 	<ul style="list-style-type: none"> • Getting on and Falling out. PoS 2a,e,f; 4a,c • Say No to Bullying • PoS 1b,c; 2c,e,f; 3e,f,g; 4a,d,e,f,g 	<ul style="list-style-type: none"> • Going for Goals • PoS 1b,c; 4a • Jobs 1e (citizenship unit 4) 	<ul style="list-style-type: none"> • Good to be Me • PoS 1a,d; 2f; 3e; 4a,c 	<ul style="list-style-type: none"> • Relationships • PoS 1b,d; 2e; 4a,c,d,e • Democracy 2g (citizenship unit 10) 	<ul style="list-style-type: none"> • Changes • PoS 1b,c; 2e; 4a,b,c,f • SRE 3c
SEX AND RELATIONSHIPS EDUCATION					'Someone to talk to' Laying the Foundations pg 97	'Male and Female' Laying the Foundations pg 75 'Reproduction and Birth' Part A Laying the Foundations pg 77 'Keeping yourself clean and healthy' pg 93
YEAR 6 PSHE/SEAL/ CITIZENSHIP	<ul style="list-style-type: none"> • New Beginnings • PoS 1a,b, 2a,b,c 3a,b, 4a) 	<ul style="list-style-type: none"> • Getting on and Falling out. PoS 2a,c,e,f;4a,c,d,e,f • Say No to Bullying • PoS 1b,c; 2c,e,f; 3e,f,g; 4a,d,e,f,g 	<ul style="list-style-type: none"> • Going for Goals • PoS 1b,c; 4a 	<ul style="list-style-type: none"> • Good to be Me • PoS 1b; 3f; 2e; 4a,c 	<ul style="list-style-type: none"> • Relationships • PoS 2a,e; 3e; 4a,b,c,f 	<ul style="list-style-type: none"> • Changes • PoS 1b,c; 2e; 4a,b,c,f • SRE
SEX AND RELATIONSHIP EDUCATION	Living and Growing Unit 3 'Choices and Consequences' - Laying the Foundations pg 105 Gender and Sexuality- Laying the Foundations pg 108					

(Objectives in red are covered by the specified SEAL units, objectives in blue are not covered by SEALs and need to be taught separately.)

SRE SESSIONS with Qualified Nurse:

Y3: Health and hygiene- Looking after ourselves.

Y4: Puberty: How our bodies change as we grow.

Y5: Physical and emotional changes to our bodies through puberty.
Correctly identifying body parts.
The importance of positive relationships

Y6: Build on Y5 work- How babies are conceived and born.

SRE THEMES COVERED

- MALE AND FEMALE/BODY PARTS, REPRODUCTION AND BIRTH
 - GROWING AND CHANGING
 - SIMILARITIES AND DIFFERENCES
 - FEELINGS
 - KEEPING SAFE
 - KEEPING YOURSELF CLEAN AND HEALTHY
 - SOMEONE TO TALK TO
 - FRIENDS
 - FAMILIES OF ALL KINDS
 - CHOICES AND CONSEQUENCES
- GENDER STEROTYPES/GENDER AND SEXUALITY

Supported by Living and Growing Unit books

Unit 1 - Age 5-7

Differences | How did I get here? | Growing up

Unit 2 - Age 7-9

Changes | How babies are made | How babies are born

Unit 3 - Age 9-11

Girls talk | Boy talk | Let's talk about sex