



# Fowey Primary School

## Summer Menu 2018

<b>Lunch Menu Week 1</b> 16/04, 30/04, 14/05	<b>Lunch Menu Week 2</b> 23/04, 07/05, 21/05
<b>Monday</b> Jacket potato with cheese, beans or Tuna OR Vegetable chilli with rice Salad bar, coleslaw Fresh Fruit or fruity flapjack	<b>Monday</b> Jacket potato with cheese, beans or Tuna OR Lentil & bean curry & rice Salad bar, coleslaw Fresh Fruit or Orange drizzle cake
<b>Tuesday</b> Roast beef & Yorkshire pudding OR Nut roast Roast potatoes, carrots & broad beans, gravy Fresh fruit or banana muffin	<b>Tuesday</b> Roast gammon OR Quorn roast Roast potatoes, carrots & swede, gravy Fresh fruit or blueberry muffin
<b>Wednesday</b> Chicken and vegetable pie OR Tomato & basil pasta Mash & green beans Fresh fruit or fruit jelly & ice cream	<b>Wednesday</b> Chicken Korma, rice & naan bread OR Cheese and potato pie, peas and sweetcorn Fresh fruit or Meringue berries
<b>Thursday</b> Pasta Bolognese bake OR Cauliflower & Broccoli Bake Salad bar & Garlic Bread Fresh fruit or Eves pudding & custard	<b>Thursday</b> Beef lasagne OR Vegetable quiche Salad bar & Garlic Bread Fresh fruit or Pineapple upside down cake & custard
<b>Friday</b> Fish fingers OR Mediterranean vegetable wraps Skin on chips, beans or sweetcorn Salad bar Fresh fruit or granola, yoghurt & berries Chocolate pear bake	<b>Friday</b> Cod bites OR Cheese swirl Skin on chips, beans or peas Fresh fruit or granola, yoghurt & berries Choc chips cookies